

# PHENOLOGY

## Phenology Lucid Lift Mints 30 ct. Peppermint Flavor

SUGGESTED USE: Adults, take up two (2) mints as needed. Do not exceed 8 mints per day.

<b>Supplement Facts</b>		
Serving Size: Two (2) Mints		
Servings Per Container 15		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Calories	5	
Total Carbohydrate	1 g	<1%**
Sugar Alcohol	1 g	***
Vitamin B6 (as pyridoxine HCl)	1.7 mg	100%
Vitamin B12 (as methylcobalamin)	4.8 mcg	200%
L-theanine	100 mg	***
Caffeine (from green coffee extract)	50 mg	***

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*\*Daily Value not established.

Other Ingredients: Mannitol, Natural Flavors, Magnesium Stearate, Glycerol Monostearate, Silicon Dioxide, Spirulina Extract (Color), Stevia Leaf Extract.

Processed in a facility with products that contain soy, tree nuts and wheat.

Distributed by Hologram Sciences Inc., 177 Huntington Ave., Ste. 1703 PMB 71158, Boston, MA 02115

**WARNINGS:**

Contains 25mg caffeine per mint.  
Consult your doctor if pregnant or breastfeeding.  
Not recommended for persons sensitive to caffeine.

Made in the USA, from US and imported ingredients.

**KEEP OUT OF REACH OF CHILDREN**

Inform a healthcare professional before starting any dietary supplement.

Do not use if safety seal is damaged or missing.

Store in a cool dry place.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.